**Langhe: Arte, Profumi e Sapori - 4 giorni**

**Langhe: Art, Aromas and Tastes – 4 days**

**1st Day: The Grinzane Cavour Castle and the torronificio**

Visit of the **Grinzane Cavour Castle**, with inside the beautiful room of the masks with a precious ceiling commode from the sixteenth century, also one characteristic ethnographic museum.

**Curiosity**: the castle had had so many owners from which there are not so many news left all until in 1830 when the castle hosted for almost 20 years one statesman of resurgence**: Benso Camillo Count of Cavour**. He was hired to look after the administration in the family, but also showed capacity for organization and an interest towards new scientific acquisitions. He gave an important attribute to the local agriculture: drew channels, he adopted new rational cultivation systems, he planted new 200.000 vines and he attempted the cultivation of beets. He was nominated for a Mayor of the small town in 1832 when he was 22 years old and maintained that role until 1849.

Visit of one close torronificio.

**Curiosity**: the expression “thorrone” is part of a discussed etymology. For ones, it came from the Latin verb “*torrēre*”, toast, sear, referring to toasting of the nougats and the almond. Some of the nowadays studies attribute Arab origins of the torrone.

2nd Day: Asti and the Roman from Asti

Visit of the Santa Maria’s Abbey of **Vezzolano**, this complex rises in a splendid valley, in one angle of Monferrato between the most suggestive and untouched, between vineyard, lawn and forest areas. A religious building in roman and gothic style, one of the most important medieval monuments of Piedmont, is a real testimony with its masterpieces of medieval art of one long period of glory between the XII and XIII centuries.

We proceed towards **Asti**, rich with history and monuments. It is an antique e powerful community, for which we have a testimony in the roman building of the bishop’s collegiate of San Second, in Torre Troyana (known also like tower of the clock) and inside the imposing building of the Cathedral of Santa Maria Assunta and San Gottardo, the most important, religious and gothic construction of Piedmont. In Asti we can find the house of birth of Vittorio Alfieri, a playwright, poet, writer and actor born 17th of January 1749.

**Curiosity**: Asti is the most exported and sweet sparkling of DOCG denomination of origin controlled and guarantied Italian wine most famous in entire world.

**3rd Day: Discovering Langa of Barolo and Barbaresco**

Tour through the village **Barolo**, for the visit of WIMU, the Museum of wine in the Castle of Barolo. A journey across the wine in its different forms and contexts thanks to the spectacular preparation of Francois Confino, one of the most appreciated specialists in museum preparations in the world. We proceed to **Barbaresco**, small town that names one of the most famous wines of Langhe. The walk in the small historical centre finishes with the symbol of the town: the medieval tower. Thanks to the very modern elevator you can climb up to be able to enjoy the marvelous panoramic view of **Langhe**. Visit of one local cellar.

**4th Day: Alba, the capital of Langhe between the Middle Ages and the Baroque**

Visit of the neogothic **Pollenzo**, an antique property of Carlo Alberto. Continuation to **Alba** and a walk in the historic centre of the village to discover its small art treasures: starting from the lefts of the small roman town, to the neogothic Duomo, to the splendid church of San Domenico to conclude with the baroque treasure inside the Maddalena’s Church.

**We recommend**: International Alba White Truffle Fair (from the 1st week of October until 3rd week of November).